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VOLUME 25 — No. 46

The Journal, Coleman, Alberta Wed., Jan. 18, 1956

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Cranbrook Edges Coleman 6 to 4

The Cranbrook Hockey Club edged Coleman Grands 6-4 in a rugged hockey game which featured fourteen penalties handed out by Sherry Jennings who handled the game alone. It was unfortunate that the Cranbrook club did not notify the Coleman club that they would not be able to supply a referee. All hockey games should definitely be officiated by two referees.

After waiting for an extra hour for the Cranbrook team to arrive the game got underway with Coleman jumping into a two goal lead within the first ten minutes of the first period. Coleman let up in the latter part of the period and Cranbrook promptly tied the game 2-2.

In the second period Coleman again took the lead but Cranbrook came back to count twice to come out ahead 4-3 at the end of the second.

Coleman opened strong in the third period and missed some good chances. McCutcheon in the Cranbrook net was outstanding and robbed the Coleman forwards of many sure goals. Tarcon finally found the range at 12:07 to tie the score at 4-4.

Both teams battled for the winning goal until Nelligan who was left uncovered picked up a loose puck in the Coleman end and hit home for the winner. Coleman pressed to tie the count and with half a minute left pulled the goalie only to see the move backfire when Casey picked up the puck and fired it the length of the ice into the empty net.

Casey paced the winners with three goals, while singles went to McDonald, Pearson and Nelligan. Coleman markers went to Anderson, Fraser, Kryczka and Tarcon. The game marked the return of Alf Anderson who played a good game on the blue line. His rugged body checks were a pleasure to watch.

The fans will be pleased to hear that Ron Collins, Vince Bosetti, and Ken Slobod of the R.C.M.P. at Blaimore have been added to the Coleman team and will see action in the next game.

The next game will be on Wednesday, January 18th, against Michel before Coleman hits the road to play in Cranbrook and Kimberley on January 21st and 22nd.

A bus will be leaving at 4:00 p.m. Saturday for Cranbrook and will return Sunday afternoon after the Kimberley match. Any fans wishing to make the trip are welcomed and should leave their names at the Grand Union Hotel Office.

Scoring Summary —
 First period: 1. Coleman — Anderson 4:5. 2. Coleman — Fraser (Kryczka-Anderson) 7:10. 3. Cranbrook — Casey 10:40. 4. Cranbrook — McDonald (Fabbro) 18:25.

Second period: 5. Coleman — Kryczka (Fraser-Scodellaro) 1:35. 6. Cranbrook — Casey 5:10. 3. Cranbrook — Pearson 8:15.

Third period: 8. Coleman — Tarcon 12:07. 9. Cranbrook — Nelligan (Casey) 16:40. 10. Cranbrook — Casey (Anderson) 19:35.

'Pass Chinese Resident Dies

Ma Moon Sen, a well known Blaimore Chinese resident, died suddenly while at his work as cook in the Rex Cafe in Blaimore Saturday evening. Death was due to a heart attack.

Better known here as "Lou," he was 70 years of age and was born in Hoyson, Canton, China. He came to Canada in 1903, settling in Vancouver for a short time after which he moved to Prince Albert, Sask. He came to Blaimore 26 years ago and had resided here since. He operated the Royal Cafe in Blaimore for many years and for a number of years had been in partnership in the Rex Cafe company in Blaimore.

He is survived by his widow, a son Mah Wing Gili, two grandchildren, all in Hong Kong, China, and a brother Mah Tan in The Pas, Manitoba.

Funeral services will be conducted from Culham's Funeral Home at 2 p.m. on Thursday, January 12, and interment will follow in the Blaimore Union cemetery. The Rev. R. MacAuley of Coleman will officiate.

East Coleman Residence Saved From Flames

Prompt action on the part of the Volunteer Fire Brigade on Friday morning at 5 a. m. saved the home of E. Markin in East Coleman.

The fire which started in the attic and destroyed a part of their roof and outside wall is believed to have been caused by faulty wiring. Some hay which was in the attic and being used to insulate the building had no part in causing the fire as was earlier supposed.

Mr. Markin was able to save all his household effects and it is supposed that repairs can be made to the roof without too much cost.

Ice Revue Feature at Pass Winter Carnival

Executive of the Blaimore Board of Trade is completing plans for the forthcoming Crow's Nest Pass Winter Carnival to be held here on February 3-5.

According to plans an ice revue and figure skating show will be held in the local arena as well as hockey games and a bonspiel. To date there are six contestants competing for the honor of "Queen of the Carnival." The candidates are Miss Gaylene Slater of Pincher Creek, sponsored by the Pincher Creek Band; Miss Anne Bodisch of Coleman, sponsored by the Coleman Elks; Miss Leah Jones sponsored by the Coleman High School; Miss Marilyn Sumanik of Frank sponsored by the Blaimore Curling Club; Miss Irene Gibbs sponsored by the Crow's Nest Pass Ski Club; Miss Ellen Picard sponsored by the Blaimore First Lions Scout Troop.

The winner of the contest will be sent with a chaperone to the Banff Winter Carnival as representative of the Crow's Nest Pass and will also be reigning queen of the Winter Carnival here next year. Miss Marina Lynch-Staunton of Mayeroff, is the reigning queen of this year's carnival event.

A snow figure building contest, which can be a family project, is also being held in conjunction with the carnival as well as a window decorating competition in local stores. This is reserved for school students.

The Crow's Nest Pass Ski Club is planning to hold one of the best meets ever on the Blaimore skihill. Members of the club will also give an exhibition of flare skating. Following the annual banquet of the ski club, when prizes are presented, the gathering will proceed to the Blaimore arena where the crowning of the queen will take place.

With the heavy fall of snow now in evidence in the Crow's Nest Pass and with artificial ice facilities at the Blaimore arena it is expected that one of the most successful winter carnivals yet held will be enjoyed here next month.

Frank Resident Called by Death

Mrs. Elizabeth Horesli, long time resident of Frank, died at her home in Frank on Thursday, Mrs. Horesli, 79, was born in Czechoslovakia and came to Frank in 1910 where she had resided until the time of her death. She had returned to her homeland in 1921 and remained there until 1927 when the family returned to Canada. She was an adherent of the Protestant faith.

She was predeceased by a daughter Mary, Mrs. Tom Siska of Coleman, in 1943.

Surviving are her husband Fred at Frank; two sons, Jim at Frank and Frank in Calgary; one daughter, Agnes, Mrs. A. Skocz, in Burnaby, B.C.; 11 grandchildren, one sister and a brother in Czechoslovakia, and one sister, Mrs. Mike Kravky of Coleman. Funeral services have not yet been arranged.

Has Your Organization A Press Reporter?

It seems to be increasingly difficult for this office to obtain news of various organizations — not because the organizations are inactive, but because the secretary is usually too busy, and the electing of a press reporter was neglected at the annual meeting.

There isn't an organization or a large business operating in our cities which does not have a press reporter or paid public relations man trying to get all the free publicity possible in newspapers, yet in your local community you can have this publicity at no cost whatsoever to the organizations. All we ask of you is that you send in this news as soon after a meeting as possible.

We want the news — your organization cannot function properly without it. Your officers and members take more interest and work harder and more efficiently — their actions and accomplishments are made known to others through the columns of your local newspaper.

All organizations should have a press reporter. If yours hasn't such an officer, one should be elected or appointed at the next meeting.

Coleman Juveniles Win Over Michel Juvs. 6-4 in Their First Game of the Season

Last Sunday afternoon, following the Bantam hockey game, the Coleman Juveniles won over the Michel Juveniles 6-4. All the way through, the game was very fast, exciting and pleasing to watch. The total penalties only amounted to five, counting the little scramble between Philip Novasas and Savillon in the last period.

At the start of the game, the local club opened strong and before Michel knew it, Coleman had racked up two goals to take the lead at the eight minute mark. In an attempt to stop the Coleman rally, Michel scored five minutes later. Thus the score at the end of the period 2-1.

In the first ten minutes of the second period, Michel, determined to pull out ahead, gave the local boys a taste of their power and managed to bag two goals which put them in the lead. This seemed to offset the Coleman boys a little, but in the last two minutes of this period, Coleman picked themselves up again and did their best, scoring three consecutive fast goals to put them in the lead again. Michel didn't know what hit them. This period ended 5-3.

Both teams, trying hard to win, opened strong in the third period. Coleman racked up a goal at 14:45 and Michel bagged one immediately after. This period seemed to be the roughest and fastest because Michel was continually putting on pressure to score those tying two goals. Due to the back-checking of Coleman and goalie, Joey Joseph, discouraged them. The period ended with Coleman winning their first match of the season 6-4.

The Coleman singles went to A. Zembiak and J. Tarcon. The players who bagged two each were P. Makowichuk and G. Kerr. The

Coleman penalties were J. Tarcon, P. Milley, A. Zembiak and P. Novasas.

The Michel markers went to Paul, Fabbro and Lalonde bagged two. The only Michel penalty was Savillon.

The local juveniles almost have the same club as last year, except for a few changes and replacements. It is expected, after their coach, Duke Kwany, trims them into shape, corrects some of the errors and shows them a few plays, that they have the material and should go far in the Alberta play-offs. Perhaps as far as when the juveniles reached Vegerville under the able coaching of Jim Evans, a couple years back. So come out fans and support your local club. By being a fan, you give them the inspiration and satisfaction that their home town is behind the mail the time and also you help to support them, financially. So be a fan and support hockey this winter.

Summary —
 First period: 1. Coleman — A. Zembiak (unassisted) 7:05. 2. Coleman — J. Tarcon (P. Novasas) 7:50. 3. Michel — Paul (Fabbro) 13:10.

Second period: 4. Michel — Lalonde (Ragheneas) 4:05. 5. Michel — Lalonde (Ragheneas) 6:35. 6. Coleman — P. Makowichuk (Churuk) 18:00. 7. Coleman — P. Makowichuk (unassisted) 19:00. 8. Coleman — G. Kerr (unassisted) 19:25.

Penalties: Coleman — J. Tarcon 9:00 Coleman — P. Milley 15:40.

Third period: 9. Coleman — G. Kerr (unassisted) 14:45. 10. Michel — Fabbro (Cossarini) 15:50.

Penalties: Coleman — P. Novasas 4:30. Coleman — A. Zembiak 4:30. Michel — Savillon 4:30.

Coleman Resident Lucky Winner Elks \$100 Bingo Jackpot

Mrs. Irene Caroe was the lucky winner on Friday night of the \$100.00 Jackpot at the Elks Club Bingo. Despite the cold weather the hall was filled to capacity everyone hoping to be the lucky winner of the jackpot. However as only one person can win Mrs. Caroe hit the nail on the head. Other lucky prize winners were:

1. T.V. lamp — Mrs. N. Kinnaer. 2. Lounging pyjamas — Mrs. J. Rogers. 3. Grocery hamper — Bobby Liddell. 4. Ornaments — Gloria Vasek. 5. Coffee table — Mrs. H. Caroe. 6. \$10.00 Gasoline — Darlene Salant. 7. 100 lbs. of sugar — divided between four winners — Mr. H. Collings, G. D'Arico, C. Roughhead and Mrs. M. Fleming. 8. Two rugs — two winners Mrs. K. Smallek and Mrs. Townsend took one each. 9. Grocery hamper — Bobby Kubik. 10. Sweater set — Beverly Bond. 11. Electric iron popper — Mrs. Cap. 12. Reverse war pot — Mrs. J. Field.

Consolation winners were — Mrs. B. Franz, Mrs. J. Sudworth, V. Phillips and Mrs. A. Cerney.

Bascule bridge is the name for a type of lift bridge in which the whole bridge, or both halves go up and down like a jackknife.

Senior Group W.A. St. Paul's United Hold Annual Meeting

The Senior Ladies' Group W.A. of St. Paul's United Church held their annual meeting at the home of Mrs. M. McKinnon on January 5. The Annual Report was read and accepted. It was reported that three bouquets had been sent to shut in members.

Several orders have been received by the group for quilts and the ladies plan to get started on these in the very near future and endeavor to fill all these orders as soon as is possible.

Following the business meeting officers for the incoming term were elected. Two positions are only filled each year. These were President — Mrs. J. Nash and Secretary Treasurer — Mrs. M. McKinnon.

After all business was completed a dainty lunch was served to the ladies by the hostess Mrs. McKinnon.

Do not discard your safety-razor blades when they become dull, but simply draw them through a "coot" and you will lengthen your blades usefulness by several more shaves. This secret was given to me by a metallurgist in 1942 and I have used it satisfactorily ever since with single-edge blades.

Car-Truck Accident On Tent Mountain Road Injures Two

Two employees of Coleman Collieries employed at The Tent Mountain Strip mine received painful injuries when they collided with a coal truck on the Strip Mine road Monday evening. Injured are Wynnam Jones of Bellevue and Stuart Paul of Michel, B.C. The late model car in which they were riding is practically a complete loss. It is believed that they skidded on the icy road as they were meeting a coal truck driven by Laurence Mensinger of Lethbridge. The truck received considerable damage. Jones and Paul were rushed to the C.N.P. hospital and are reported to be in fair condition.

Curlers Take Spotlight at Annual Ice Carnival

President of the Blaimore Curling Club, Tim Catonio, has announced the club is making plans for a bonspiel to be held at the Blaimore arena on February 4 and 5. The roaring game will play a big part in the success of the annual Crow's Nest Pass winter carnival.

According to Mr. Catonio, this will be the club's first attempt at a winter carnival bonspiel and as a result only 32 rinks will participate. So far rinks have entered from Lethbridge, Calgary, Fort Macleod, Pincher Creek, Vauxhall, Picture Butte, Claresholm, Fernie, Coleman and Bellevue, as well as rinks from the local area.

The executive of the club is very pleased at the excellent representation shown from all the towns in southern Alberta as a result the club will go all out in an effort to cater to and make the guests very welcome. To make it more convenient, the ladies of the curling club are planning on preparing light lunches for the visiting curlers.

Howard Dancer, draw master of the club, has stated that so far 29 rinks have entered the two-day bonspiel. Mr. Dancer also states that plans are now underway for a 64-rink bonspiel to be held in March. The local arena offers four sheets of artificial curling ice and another five sheets can be laid out on the ice skating arena which would give a total nine sheets of good ice. The local club has recently purchased 32 new sets of matched curling rocks.

With the excellent progress being made by the club's functions so far this winter and with the great interest shown by all in curling it is likely next winter's carnival bonspiel will be a three-day, 64-rink affair.

With excellent lighting facilities, artificial ice and matched rocks, hundreds of local citizens can be seen at the arena nightly either curling or sitting on the sidelines boosting their favorite rink.

Coal Film Made In Pass To Be On Television

Television viewers in the Crow's Nest Pass district will be interested in the fact that the program "Coal on the Cross Roads," a National Film Board production, will be telecast over the Lethbridge television station, CULH-TV at 5 p.m. on January 29.

Of particular interest to residents here is the fact that many of the scenes on the film were taken at the local underground as well as strip mines and that a good number of local persons participated in the production of the film.

The National Film Board cameramen were here during the first three weeks in August making the picture on the coal industry.

Whoever said women don't have a sense of humor never lived with mine. Mine find funny things in my conversation that were not intended to be funny at all.

Coleman Bantams Tie Michel Bantams

On Sunday, January 15, the Coleman Bantams tied the Michel Bantams five all. The boys on both teams were digging and skating hard all game and it is sincerely hoped that the cold weather was the only reason why the fans didn't show up to support the boys.

The Coleman boys started the game off with a bang. In the first ten minutes of the period, they scored three well-earned goals. But in the latter part of the period, the local boys seemed to lose their hustle and Michel scored three fast ones to tie the game 3-3. In the second period Michel took the lead but Coleman, determined to win, came back and scored two consecutive goals and again took the lead. Michel wasn't going to accept following Coleman, so they scored and again tied up the game to end the period 5-5.

In the last period, both teams tried hard, skated hard and shot hard but neither of them could get that winning goal. I guess none of the players wanted to be the hero of the game. So the third period ended being a tie — 5-5.

The Coleman markers went to Jim Novasas, Atkinson, Leslie Peknik and Nick Misura, bagging two goals. For Michel, Taylor bagged two and singles went to Ragheneas, Cossarini and Tappay.

Coleman penalties were Jim Lant and Joe Weyburn. Michels also got two penalties, Tappay and Bivelaque.

Summary —
 First period — Coleman — J. Novasas (N. Misura) 9:55. 2. Coleman — Atkinson (N. Misura) 10:15. 3. Coleman — L. Peknik (unassisted) 10:25. 4. Michel — Ragheneas (Bivelaque) 13:10. 5. Michel — Cossarini (Ragheneas) 14:16. 6. Michel — Taylor (Myles) 17:30.

Second period: 7. Michel — Tappay (Ragheneas) 8:35. 8. Coleman — N. Misura (unassisted) 9:30. 9. Coleman — N. Misura (unassisted) 17:10. 10. Michel — Taylor (Tappay) 19:10.

Penalty: Michel — Tappay 4:10.

Third period: Penalties — Coleman — J. Lant, 1:00. Michel — Bivelaque 9:30. Coleman — J. Weyburn 16:20.

Test Shipments Iron Ore from Pass will go to Norway

"Courtesy Lethbridge Herald: BLAIMORE — A project is under way here which may determine the industrial expansion of the Crow's Nest Pass and possibly the whole of south-western Alberta.

The Canadian Pacific Railway is busily engaged loading cars with raw iron ore to be shipped to Norway for smelting purposes. The West Canadian Collieries Company Limited is shipping the two cars of ore containing one hundred tons to Norway where experiments and smelting of the ore will take place to determine many factors relative to the possibility of a smelting industry coming to this area.

The process of the ore will determine the type of plant required to smelt this particular quality of ore. The ore shipped to Norway, which country has the finest steel plants in the world, has been mined approximately six miles north of Burmis, just about seven miles east of Blaimore. The heavy grey ore is being hauled to the loading ramp at the Blaimore CPR station by four trucks.

According to reports received from various sources the ore is of a very suitable quality for smelting and it is also understood that the companies have large quantities of the ore. Drilling crews and exploration work for the ore has been continuing, all through the winter months and great progress is being made at the prospects.

A good quantity of ore has also been sent to the United States Steel Corporation at Pittsburgh and also to other centres in Canada for analysis purposes.

Arrange your closet so the things most constantly in use are the most convenient. Don't crowd too much into one closet. Light-colored or delicate fabrics should be placed in dress bags for protection from dust.

Cattle lice can slow down growth

REGINA.—Cattle lice seldom cause an animal's death but they do cause a great deal of unthriftiness and slow growth in calves as well as loss of weight in older livestock every year, according to E. E. Brockelbank, Saskatchewan Animal Industry Branch director.

Stockmen would be wise to check their herds for lice now, he said, and apply repellents if necessary. The powder is best worked into the hair on affected parts with a brush, and more than one application is often required over the winter, he added.

For larger herds, or range cattle, an applicator saturated with lice repellent which animals could rub on themselves would be more practical. Mr. Brockelbank said. One type of applicator consists of a chain or cable wrapped with hurlip and stretched from the top of a post approximately five feet high down to the ground at an angle of about 45 degrees. The house killer, mixed with an oil, is poured onto the hurlip and is transmitted to animals as they rub affected parts.

There was a bad infestation of cattle lice in the province last year, the director continued, and some will have been carried over the summer on healthy animals. Now, with the possibility of a long winter with cattle confined for extended periods, the threat of losses from lice is greatest.

Affected animals take on a depressed attitude and a mangy appearance when competing with large numbers of lice on their bodies, he said, and closer examination reveals lice collected in folds on the neck, brisket, at the base of horns and in curls as well as in the crumple area.

Action taken now to combat lice will save many dollars in thrifter animals and may make quite a difference in the amount of feed required to bring cattle through the winter.

HARD TO BELIEVE

This may be hard to believe, but insurance companies say that a man who works in a high explosive manufacturing plant is a better insurance risk than one who works in a filling station, where accidents are much more frequent.



ST. NICHOLAS—Garbed as was his namesake, a fourth-century bishop of Asia Minor, "St. Nicholas" rode through the streets of Amsterdam, The Netherlands. Feast of the good saint, traditional bringer of gifts to Dutch children, was celebrated on December 6.

Birds, animals play tricks

Some of the games and tricks animals play seem very human. In North India some large birds called kites have invented a new sport. They sit high up in a safe spot and watch till they see somebody wearing a cap on the road below them. Then they swoop down and carry off the cap. Every one is amused except the man who has lost his cap.

Crows are very fond of collecting things. At one place in Australia they carry off golf balls. Recently a man found 18 balls lying in a nest in the bushes. Perhaps the birds thought the balls were eggs!

In Burma a football match was being played near a spot where elephants were piling wood. The elephants always worked till a whistle blew and then they went to feed. The referee of the football match blew his whistle and immediately the elephants stopped work. They set off across the football field to go to their feeding ground and would not return to work until they had been fed.

DRIVE WITH CARE!

Jane Ashley Says

"Try my favorite recipe for the month"

CRANBERRY-APPLE PIE

- ¾ cup granulated sugar
- 3 tablespoons BENSON'S or CANADA Corn Starch
- ¼ teaspoon salt
- ¾ cup CROWN BRAND Corn Syrup
- ¼ cup water
- 1½ cups cranberries
- 1½ teaspoons grated orange rind
- 2 tablespoons butter
- 1½ cups chopped apples

1 recipe pastry
MIX sugar, BENSON'S or CANADA Corn Starch and salt in saucepan.
ADD CROWN BRAND Corn Syrup and water gradually, mix well.

COOK over medium heat, stirring constantly, until mixture thickens slightly and comes to a boil.
ADD cranberries and cook until skins are broken.
REMOVE from heat; add orange rind and butter.
COOL; add chopped apples.

PREPARE pastry; roll ¼-inch thick.
LINE 9-inch pie pan with ½ the pastry; pour in filling.
ARRANGE lattice of pastry strips across top.
SEAL edges well; flute, if desired.

BAKE in hot oven (450°F) 10 minutes; reduce heat to moderate (350°F) and bake 40 minutes longer or until apples are tender.



For free folder of other delicious recipes, write to:
Jane Ashley,
Home Service Department
THE CANADA STARCH COMPANY
LIMITED,
P.O. Box 129, Montreal, P.Q.



Wonder drugs no avail to 'turtle-folk'

Doctors were advised recently to be on the alert for "turtle-folk"—rare and often misdiagnosed sufferers from a condition that requires them to spend much of their time in a bathtub.

Dr. Ralph Bowen of Texas Children's Hospital, Houston, said these people suffer from an hereditary condition in which there is an absence of sweat glands—resulting in body temperatures up to 105 degrees and requiring immersion in cold water, air conditioned environments, or other means of cooling release.

He told the 49th annual meeting of the Southern Medical Association that antibiotic "wonder drugs" are of no avail in treating what might be mistaken for an infectious fever, and therefore doctors should be alert to recognize such cases early in life, "thus avoiding the abuse and unnecessary use of antibiotic therapy."

Saying the ailment may be more prevalent than has been suspected heretofore, Dr. Bowen added that whereas 20 years ago only 25 cases had been reported in medical literature, the records now show approximately 100.

He said that while there is no specific treatment for the disease, rather than physical means of cooling, the body's sufferers can expect a normal life span.

Livestock needs good management

Poor management can take as large a toll of livestock as can disease. Dr. E. E. Ballantyne, Director of Alberta's Veterinary Services Branch points out that diseases are due to specific bacteria, viruses, parasites or feed deficiencies but poor management will leave animals weakened and the possibility of their becoming sick is greater.

Dr. Ballantyne gives the example of a fine, sunny spring day a farmer left all the doors open in his big barn and went to town. While he was in town the temperature dropped sharply and the next day five of his pigs had pneumonia.

The most common poor management practice leading to pneumonia in pigs is the failure to provide a dry sleeping area. Animals can stand a lot of cold but not a combination of cold and dampness, says Dr. Ballantyne.

Rapid changes of feed, water or environment weaken an animal's resistance to disease. Shipping fever is a good example of this often developing when calves are weaned or feeders brought back into a feedlot. Feeding them native grasses for a week and taking the chill off for the water are recent aids. Letting an overheat animal drink all the cold water he wants too often leads to a sick animal.

Disease germs, viruses and parasites all like filth, so a rigid program of sanitation pays off. Sanitation is one of the main weapons in any disease control program.

Dr. Ballantyne advises care in buying animals too. Don't buy disease with them. Tests are available for many diseases, or a veterinarian can examine the animal. Keeping purchased animals separate from the home animals for two weeks is a good rule.

There are many examples of poor feeding which let bacteria get the upper hand and kill an animal. Too much fibre in feed for small pigs can leave him wide open to scours. Lack of Vitamin A or D will cause sickness. If little pigs fail to get reduced iron they will get anemia, are weak, and are often finished off by scours or pneumonia.

Raises herd of silver cattle

A rare herd of cattle, believed to be the only one of its kind in the world, roams the Ray Carr ranch at Winner, South Dakota. They are silver Scottish Highland cattle. The breed is not unusual, but the color is.

Ray Carr developed the herd when he bought a white heifer calf and a white bull calf in 1942. They had been born of red cows and red bulls, and so far there has not been a color throwback in some 50 offspring and descendants. The calves are born white, but as they mature they take on a silver hue.

Carr's son, Raleigh, also has bred Scottish Highland bulls with whiteface Herefords. The cross, he said, outcrosses and outdresses straight Herefords.

He also has found that the crossbreeds are more adaptable to cold, blizzard winters because of their heavy, shaggy coats.

The Pattern Shop

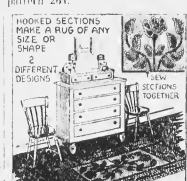
MAKE-IT-YOURSELF

Shadow-box cupboard or hooked rug

A plain set of utility shelves may become a centre of interest on which to display china, silverware and other treasured pieces by adding this gracefully curved plywood front. The set of shelves sketched above is 30 by 40 inches which is a size suitable for a wall



of average room, or to rest on a set of drawers used for household linens. The pattern available to readers gives a list of materials needed and diagrams for the set lines to be traced directly onto the wood. There will be enough material left over to make several picture frames which will be shown in this space later. Each step from sawing out the pieces to the final finish is illustrated on pattern 264.



MAKE A HOOKED RUG ANY SIZE

The odds and ends of woolen fibers and worn garments to make this handsome design. Pattern 332 gives directions how to estimate material to be used and how to teach and re-teach for blended tones. Actual-size pattern of Early American rug design is included.

Address order to:
Home Workshop Pattern Service,
Department P.L.L.,
1133 West Fifth Avenue,
Vancouver, B.C.

Fashions

"Princess" dress



Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Your best friend is this princess dress! It whippers such lovely things about your figure! Its lines are simple, soft, adapt so beautifully to many different occasions. Have it in rayon or cotton for daytime; batons, taffeta, velvet for gala evenings!

Pattern 4671: Misses' Sizes 12, 14, 16, 18, 20, 40. Size 16 takes 4½ yards 39-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Department P.L.L.,
Household Arts Department,
60 Front Street W., Toronto

DOILY TRIO

Three dainty doilies, easy to crochet



Three dainty little doilies, easy to crochet for your own home, lovely gifts! Favorite pineapple pattern, colorful roses in "3-4-1" Crochet Pattern 7138. Two round doilies about 8 inches; one oval, 8x12 inches in No. 50 mercerized cotton; larger in No. 30.

To obtain this pattern send twenty-five cents in coins—stamps cannot be accepted to:

Department P.L.L.,
Household Arts Department,
60 Front Street W., Toronto

Be sure to write plainly your Name, Address and Pattern Number.

Order our ALICE BROOKS Needlecraft Catalogue, ENJOYS pages and pages of exciting new designs—knitting, crochet, embroidery, notions, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Abnormal eating habits cause various bodily disturbances

Headaches, nervousness, cold sweats, weakness and occasional fainting may be the results of abnormal eating habits, a physician reports.

Dr. Dale W. Creek, an internist at California's Santa Barbara General and St. Francis Hospitals, says a study of 2,700 cases of hypoglycemia—a deficiency of sugar in the blood stream—disclosed that only 17 percent had a satisfactory food intake and eating habits.

Dr. Creek's findings were prepared for the second annual convention of the American College of Gastroenterology, an organization of physicians specializing in diseases of the stomach and intestines.

Dr. Creek said men made up 28.5 percent of the study group and women 71.5 percent. Fifty-one percent also had an organic disease, but this did not explain the patients' symptoms, which included nervousness, nausea, headaches, indigestion and constipation or diarrhea.

Food deficiencies. "Among the deficiencies in various foods noted," Dr. Creek said, "were (in percentages of 2,700 cases): milk, 54; meat, 4; citrus fruits, 43; eggs, 24; potatoes, 30; other fruits 26; other vegetables, green, 8; cereal, 52; bread, 39; butter, 4."

The percentage of excessive uses were reported as follows: sweets, 15; coffee, 26; alcoholic beverages, 10; carbonated beverages, 6; tobacco, 38.

In poor eating habits the percentages were: poor breakfast, 33; poor lunch, 40; heavy dinner, 7; mid-meal sweets, 10; mid-meal carbonated beverages, 4; abnormal hours, 12; insufficient time, 43; insufficient exercise, 24.

"Dietary treatment," said Dr. Creek, "consisted of high protein diet with all of the essential foods included. The importance of regular meals was stressed and mid-meal feelings of milk, butter, or similar food were recommended until the patients' symptoms no longer required them."

"Coffee substitutes usually were used, and alcoholic and sweet carbonated beverages were restricted. Tobacco was avoided or used sparingly. Sensible eating habits were integrated with the dietary program and patients were given an explanation of the mechanism by

GEMS OF THOUGHT

CHRISTMAS

The deserts and the wilderness rejoice.

And angels whisper, Peace, good will to earth. — Robert Ellis Key.

Men always have hope of a better world when they see the miracle of Christmas. — Charles Wells.

The basis of Christmas is love loving its enemies, returning good for evil, love that "suffereth long, and is kind." — Mary Baker Eddy.

It is good to be children sometimes, and never better than at Christmas, when its mighty Founder was a child Himself. — Charles Dickens.

He did not come to conquer by force of arms and physical weapons but to be loved, planted in the hearts of individuals. — W. W. Mellon.

The joy of brightening other lives, bearing others' burdens, easing others' loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of Christmas. — W. C. Jones.



SPECIAL CRUISE—Secretary of the U.S. Navy Charles Thomas, centre, operates depth control aboard the atomic-powered submarine USS Nautilus. Vice-Admiral James Holloway, rear, steers the craft, while Rear Adm. Lewis Strauss, foreground, operates stern planes control. The A-sub made a special cruise for the U.S. officials.

The Sports Clinic

(An official department of Sports College)
Conducted by Lloyd "Ace" Persival

How to fool the checker

Last week we talked about the basic moves used in stickhandling. To make them work, however, the hockey player has to have a head on his shoulders too. He has to be thinking all the time about how he's going to fool the checker.

Some of the questions he should be asking himself are: Is my check faster or slower? What are his weaknesses? Does he charge or back up? Does he play the body or the puck? Does he hook or poke check?

The habit of analysing opponents mentally helps you react instinctively when you meet them on the ice. Once you have the answers to such questions, you can start to play it "smart". And here are a few of the tricks you can use.

1. Slower opponents often can be beaten with skating tricks, such as a good change of pace or direction. Don't forget to use your speed.

2. Faster opponents should be made to come to you and then fooled with body deception or a stick handling trick.

3. If your man plays the puck, "deke" him with stickhandling. If he plays the body, use a change of direction or pace to spoil his timing. Stickhandling alone won't be so effective against body checkers.

4. Fake to the player's strong side or strong point so that he

tries to use his best weapon. Then go for the weak spot.

5. If your checker backs up, slow down and try to force him to make the play. Then make your move and break fast.

6. Remember, if your tricks aren't working, always try to figure out why. Then you can come up with an answer.

7. If your checker sticks to you like a shadow, remember that an edge in condition will pay off. If you can make him work, work—his determination will eventually drop off. You have a psychological advantage, if you are the aggressor.

A passing game won't work consistently unless a team has a few men who can carry the puck. These are the men who stage the pay off plays. So, take the time and trouble to use these tips, and see how they can help your puck carrying.

Widow, 81, cans food for needy

Christmas is a year-round thing for a lot of the good will of an 81-year-old widow of Quilina, Texas, known to her neighbors as "Aunt Judy" Stoddard.

In the past 20 years, Mrs. Stoddard has canned hundreds of jars of fruit and vegetables which she gives to orphans' and old folks' homes.

For many years, Mrs. Stoddard, the widow of a Church of Christ traveling minister, sent foodstuffs to the Bales Orphans' home at Quilina, Texas. One year she sent the home 200 jars. In recent years, much of her canned foods went to homes at Gunter, Texas, as the orphans' home became more self-sufficient.

Mrs. Stoddard was orphaned when she was only four. She and her husband, Jim, raised three orphans—two boys and a girl.

After his death, she lived with friends and relatives for 38 years, until she "finally managed" to buy her home here.

At 81, she still puts in a full day with her garden, flower beds, church work and canning.

"I didn't have any money to spare, and no way to make it," she said. "But I could can food and send it."

Announce change in potato grades

The federal department of Agriculture announces amendments to the regulations under the Fruit, Vegetables and Honey Act to provide for changes to the size requirements for Canada No. 1 grade potatoes. At the same time it is announced that other amendments to the regulations provide that potatoes entering Canada from the United States will have to meet the same size requirements that affect Canadian potatoes moving internationally and to export markets.

A regulation issued November 8, 1965, by the United States department of Agriculture establishes import regulations which require that potatoes imported into any United States market shall meet the grade and size requirements established by marketing orders of the States of Maine and Idaho governing the marketing of potatoes grown in those states and sold within the boundaries of the United States.

The amended regulations provide that for Canadian grown Canada No. 1 Grade round white and red skinned varieties of potatoes the minimum diameter is increased from 2 inches to 2 1/4 inches and for the Canadian grown long shaped varieties the minimum diameter is increased from 1 1/2 inches to 2 inches. In either case the maximum size of 4 inches remains unchanged. The only exception to the foregoing sizes is for "new" potatoes available in the spring and early summer which will continue to be graded to the established 1 1/2 inches minimum diameter.

This means that potatoes entering Canada from the United States will have to meet the grade requirements of U.S. No. 1 grade and, additionally, the size requirements of Canada No. 1 grade.

A creek is a stream of water smaller than a river but larger than a brook. 3173



NANETTE FABRAY RECOVERS—TV comedian Sid Caesar pays a visit to his leading lady, Nanette Fabray, in a New York hospital where she is recovering from a brain concussion. Nanette was struck on the head by a piece of falling pipe during a recent performance. Her eyes were affected by the blow, hence the dark glasses.

Driver training on kiddie cars

"Driver training" for children begins at the age of six under an experimental program at Newton, Kansas.

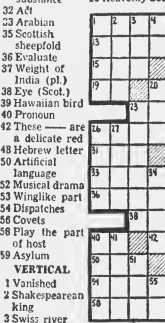
First and second-graders use kiddie cars and small pedal-propelled tractors, donated by local merchants, to learn traffic safety rules in an area marked off into vehicle and pedestrian lanes. The stop light is about the only traffic safety device missing from the equipment.

DRIVE WITH CARE!

:: Weekly Crossword Puzzle ::

Pretty Posy

- HORIZONTAL**
- 1,8 Depicted posy
 - 13 Hero's lover (myth)
 - 14 Lubricator
 - 15 Auricle
 - 16 Mountain nymph
 - 18 Fruit drink
 - 19 Doctor (abbr.)
 - 20 Least rapid
 - 22 Compass point
 - 23 Mixed type
 - 24 Bone
 - 26 Mix
 - 28 Goshun's husband
 - 31 Paving substance
 - 32 Act
 - 33 Arabian
 - 35 Scottish sheepfold
 - 36 Evaluate
 - 37 Weight of India (pl.)
 - 38 Eye (Scot.)
 - 39 Hawaiian bird
 - 40 Pronoun
 - 42 These — are a delicate red
 - 43 Hebrew letter
 - 50 Artificial language
 - 52 Musical drama
 - 53 Winklike part
 - 54 Dispatches
 - 56 Covets
 - 58 Play the part of
 - 59 Asylum



VERTICAL

- 1 Vanished
- 2 Shakespearean king
- 3 Swiss river

Adaptable pliers

For temporary and emergency use, a pliers can be adapted as a vise. To do so cut a narrow slot in the workbench or table and fit into it the handles of a pair of either wrench or lock-grip pliers. The slot in the bench should be just wide enough to accommodate the handles of the pliers, and should be long enough to stop the pliers at the jaw shoulders. Work can then be clamped into the pliers and the pliers can be dropped into the slot. This will give excellent support for sawing, filing or drilling small parts and stock.

Family doctor status to get 3-year study

The College of General Practice of Canada intends to take a three-year look at the status of the family doctor in this country. The project will be undertaken by the College and the Department of Preventive Medicine of the University of Toronto with the participation of the Canadian Medical Association.

The study will attempt to determine what kind of general practice is needed in Canada; how well medical education prepares the doctor for general practice and the effects of medical care and hospital insurance on general practice.

The announcement said the kind of illnesses treated by the family

RECIPE FOR OLD AGE

A diet moderate and spare, Freedom from base financial care, Abundant work and little leisure, A love of duty more than pleasure, An even and contented mind In charity with all mankind; Some thoughts too sacred for display

In the base light of common day: A peaceful home, a loving wife, Children, who are a crown of life: These lengthen out the years of man.

Beyond the Psalmist's generous span. Dr. Haig-Brown.

doctor and the treatment he gives also will be studied.

In announcing the survey, the College said:

"The general practitioner of medicine is having more difficulty than he should be having in providing the medical care he would like to give his patient."

Ticklers

—By George



Ten Word INTELLIGRAM

Check the correct word

- 1—France (has) (has not) sold jets to Israel.
- 2—An atomic explosion was recently set off by (Russia) (Britain).
- 3—It was equal in force to (millions) (hundreds) of tons of TNT.
- 4—U.S. Atomic Energy Commission (did) (did not) know about it before announcement.
- 5—Admiral Byrd recently left on his (third) (fifth) expedition to the Antarctic.
- 6—He was to rendezvous with his crew at (Hawaii) (New Zealand).
- 7—The trip is being made in cooperation with the (International) (Geophysical) year.
- 8—Women (have not) (have) set foot in the Antarctic in the past.
- 9—Natives of the Antarctic are the (porpoises) (penguins).
- 10—Russians (have not) (have) explored portions of Antarctica.

Check the correct word: A score of 0-20 is poor; 30-60, average; 70-80, superior; 90-100, very superior.

Decoded Intelligram

1—He 2—Russia 3—Millions 4—Did 5—Fifth 6—New Zealand 7—Geophysical 8—Have 9—Penguins 10—Have

—By Chuck Thuisdoy

PEGGY



THE TILLERS



—By Les Carroll



Quick Canadian Quiz

1. Of the four Atlantic provinces, which has the largest area?
2. Farmers of which province have made the largest capital investment in lands, implements and livestock?
3. How many persons leave Canada annually to take up U.S. residence?
4. What is the origin of the name Yukon?
5. Canadians pay what form of indirect taxation?

ANSWERS TO QUICK QUIZ

1. 5. Excise and sales taxes, excise and customs duties, to a total of about \$1.5 billion a year. Only the federal government may collect indirect taxes. 3. Nearly 40,000. 1. Newfoundland, including Labrador it is nearly three times the area of other three combined. 4. It is an Indian word, meaning "river". 5. Ontario.

(Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

THE COLEMAN JOURNAL

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ARE WE DOING RIGHT BY OUR YOUNG PEOPLE?

"We have the experience and the chance to really further the interest of young people by forming junior branches of all men's and ladies' clubs.

"We are not doing right by the boys and girls of today. They are not allowed to be one of us until they are 21 years old. Maybe if we were to have juniors at nine to 16 and then pass to the adults' organization we could give them the guidance they so badly need and also feel that they were one of us instead of being outcasts.

"If each organization were to take even say 20 boys and girls each and sponsor sports and activities what a wonderful duty they could perform at very little cost.

"As it is, we seem to show very little interest in them."

This has not been done from the angle of combatting J. D. but with the wider appreciation that young people do so want to feel that they "belong." This feeling starts with youngsters when they are just babes in arms, and if that idea is known by all parents, particularly the mothers, the children they raise will have a good chance for right adjustment to society as they grow up.

LET'S SPLIT THE HONORS

Nothing is quite so important these hectic modern days, than for those in authority over others to learn to delegate their authority in part to others. The organization head who tries to do everything himself to the exclusion of the other officers and members is probably doing both his group and himself a disservice.

Likewise, one of the surest ways for a businessman to encourage others, lose the respect of his employees, and rate an early obituary is his failure to delegate authority. The man who insists on making every decision in all departments under his management not only destroys himself, but he destroys his business. No one is being trained to take his place.

One of the first great leaders to find this out was Moses, and it is safe to say that had he not learned it early in his career, he would not now be found named among the first ten great men in world history.

It took Jethro, his father-in-law, to come in from the outside and set him straight. The older man had come into the Israelitish camp to pay a visit, and he had not been there 24 hours before he was appalled at what he saw.

That night he came into his son-in-law's tent. "You didn't ask for my advice, son," he said, "but I'm going to give you some anyway." Then he gave it, straight from the shoulder. It may have hurt the younger man's pride a little, but if so, he was man enough to conceal it, and a bigger man to take it. It was to pay his dividends then, as it does today.

BREAK IN THE CLOUDS

The Crows Nest Pass, rich in coal, has been suffering along with other mining districts because of the declining demand for coal both for domestic and commercial use. The railways have replaced coal with fuel oil to a large degree and complete dieselization seems on the way. That policy was a serious blow to coal and to the Pass area where much of the Canadian Pacific Railway's coal was drawn for the filling of its bunkers across the Prairies. While there is a spurt now of steady work in the Pass field this is temporary. The unusually cold winter has created a heavy seasonal demand and the mines that are operating are busy. Some have been closed in the general slump in the industry.

But there is a rift in the clouds for the Crows Nest Pass. The Herald carried a story from Blairmore Wednesday that tests are being made in Canada and the United States and soon they will extend to Norway of iron ore from the large deposits known to exist in that section of the Rocky Mountain uplift. Two cars of raw iron ore are to be sent to Norway where experiments will be made in the very modern smelters there. The giant United States Steel Corporation is interested in this project first undertaken by West Canadian Collieries of Blairmore, a corporation financed in the early days of the Pass by French capital. West Canadian has long looked ahead in its plans for the industrial stabilization of the Pass. It has a big stake there and we hope the decision to build a smelter will emerge from the experiments now being conducted. It would open a new era of prosperity for that section of the province.

(Courtesy The Lethbridge Herald)

THE 1955 CANCER CRUSADE REPORTED OUTSTANDING SUCCESS

An all-time record of \$256,707.63 was subscribed by the people of Alberta during the 1955 Cancer Crusade, it was announced today by W. E. Huckvale, President of the Alberta Division of the Canadian Cancer Society.

Speaking from Lethbridge, Mr. Huckvale pointed out that of this total, \$12,050.00 came from legacies, and special large donations, the balance being small donations subscribed by over 80,000 donors throughout the Province. He praised the efforts of the many volunteer workers, in the 400 and more communities where the campaign is conducted for their enthusiasm and zeal enabling the campaign in Alberta not only to raise for the eighth year the greatest per capita donation, but at the lowest cost of any province in Canada. Campaign costs were less than \$10,000 he reported.

Reporting upon research within the Province, Mr. Huckvale stated that during the past year at the Dr. John S. McEachern Cancer Research Laboratory, in Edmonton, focus of research in Alberta, scientists worked on some 17 cancer projects, many of which are long-term ones will extend over several years. During 1955, three surgical fellows on a six-months revolving basis were added to the McEachern staff, while a full time Fellow gives direction to the entire operation. Mr. Huckvale announced that plans were also un-

der consideration for an addition to the laboratory, due to its ever-expanding programme. Clinical research is also being conducted at the University Hospital in Edmonton, as well as a number of other Provincial hospitals and clinics.

Expenditures on research during the past year included five National Cancer Institute projects at the University totalling \$27,000, the McEachern Laboratory programme, \$24,000.00 while a grant of \$2,500.00 went into the Society's research bed at the University Hospital.

Lethbridge's Galt Hospital received just under \$11,000 for photographic equipment, in addition to a number of other equipment grants made to Alberta hospitals.

Included in the cancer research projects at the University is one in which Dr. Reuben B. Sandin, Professor of Chemistry, assisted by a group of his graduate students, is engaged in the preparation of compounds known to be either cancer-causing or cancer-uninhibiting. A dual project, conducted by Dr. H. E. Rawlinson, Professor of Anatomy, and Dr. Jules Tuba, is studying cancer and its relation to heredity.

Mr. Huckvale stated that because of the success of the Cancer Crusade, the vital public education program, aimed at bringing the general public to early diagnosis and treatment, through the

dispelling of ignorance and fear, was itself a success. During the year motion pictures played a significant role in this program, with more than 1,500 showings to audiences of nearly 775,000. Screenings were made before Service clubs, industrial and social groups, Women's Institutes, F.W.U.A. locals, I.O.O.F. Chapters, Farm Clubs, Sororities, church organizations, and many others. News of the latest advances of science in the fight against cancer were brought to the people of Alberta through the medium of press and radio, while close to 400,000 pieces of literature were distributed from information centres, fair exhibits, and at public meetings.

A cancer scratchbook contest in Alberta schools proved to be a highlight of the 1955 school year, with over 500 entries received for judging.

Discussing the Society's work in behalf of cancer sufferers through its welfare program, Mr. Huckvale stated that nearly \$100,000 was spent on these services during the year. These included drugs and medication, transportation to the clinic and treatment centres, artificial limbs, plastic work, nursing care, special diets and the ever-widening free cancer dressing service, which last year supplied over 600,000 dressings to more than 450 patients at a cost of nearly \$30,000.

Mr. Huckvale stated that the 1956 annual meeting of the Society will be held in Edmonton on March 24th.

Bands Seeks Cash Grant from Blairmore Council

The Blairmore town council was approached at its meeting Friday evening by two representatives of the Crow's Nest Pass band who requested that the town assist financially to support the organization. First spokesman was Dino Pagnucco, who pointed out that great deal of money has been invested in the band and that the organization through its efforts at concerts and other functions, has raised a certain amount of funds, but not enough for the band to carry on its work.

Mr. Pagnucco said the band comprises persons from all of the Pass towns and there is much good talent in the band. Besides providing a band to head parades and other civic functions, stated Mr. Pagnucco, it also provides cultural activity for the young people. With the excellent progress are considering the possibility of being made by the band the group entering various functions such as the Calgary Stampede. Mr. Pagnucco stated that the band is making an all out appeal as it is facing financial difficulties to pay for transportation, music and other costs.

Govt. to aid

Frank Edl, bandmaster, advised the meeting that he had spoken to William Kovach, M.L.A. in regards to getting some assistance from the government. Mr. Kovach advised him that the government would match dollar for dollar what donations were made to the band by incorporated areas. In concluding his appeal Mr. Edl pointed out there was over \$11,000 invested in the band and that last season it had taken in approximately \$1,600. This had been paid out in expenses.

Having heard the request of the band, council agreed to look into the matter with a view to making a grant to the band.

Emile Mallot, local ashman, spoke in regard to the hauling of ashes from the newly annexed west end of Blairmore which includes some 47 residences and several business houses. Council felt that Mr. Mallot should begin in this new area at once and that a special meeting would be held to revise the salary paid to the ashman for this service. A fair consideration was allotted him for the month of January.

Make payment

During consideration of monthly accounts, council authorized full payments of \$33,400 to pay off the artificial ice plant installed in the new Blairmore arena by the Vancouver Machinery Company. Council also transferred the sum of \$1,000 to the arena fund in order that current accounts a licence be granted to a Crow's Nest Pass resident who made application to the town for permission to erect a drive-in hamburger and milk shake stand along the highway in Blairmore. Water will be installed in the premises as soon as weather permits the workmen to dig the trenches.

A letter was received from the Department of Public Health in regard to the formation of a

Health Unit to extend from the Macleod-Fincher Creek area, and to include the Crow's Nest Pass. The letter advised that for a suitable district to be formed there should be a population of about 25,000 persons which would be under the charge of two doctors and three nurses. The letter also indicated that when the plan, if set up, starts to function, it would cost the towns on a per capita basis of \$1.50 per head of population. The expenses incurred by the unit would be borne on a basis of 40% by the towns and 60% by the government.

After a brief discussion on the matter the council tabled the matter with the feeling that the town was enjoying good health services and that the suggested staff could not capably cover an area embracing some 25,000 persons.

Alberta Artists To Receive Further Training

Two budding Alberta artists will receive further training in their particular fields as the result of the first 1956 scholarships offered by the Alberta government.

Hon. A. R. Patrick, minister of economic affairs, announced today that two \$250 scholarships are being offered in open competition and will be awarded to those who show the greatest artistic promise. While there are no age limits or restrictions, entrants will be expected to submit three framed paintings at least 14 inches on the long side. Paintings will be unsigned and will be accompanied by a sealed envelope containing a properly completed application form.

The scholarships will enable winners to attend winter sessions at the University of Alberta, Edmonton, or the Provincial School of Technology and Art, Calgary. Applications for the competition are available from the Cultural Activities Branch, Legislative Buildings, Edmonton. The competition closes on March 1st.

Stolen Car Recovered by Police at Cranbrook

A car owned by Art Bourne of Blairmore, was stolen from town Sunday evening and recovered by RCMP constables in Cranbrook. B. C. A truck stolen from Landbreck owned by Larry Wey, was also recovered by police in Blairmore.

The two men who removed Mr. Bourne's car from Blairmore are being held in Cranbrook. It is believed the men are responsible for both thefts. The names are not immediately revealed.

Before The Magistrate

James Oliver Hodgson, alias Jim Hudson of Blairmore, appeared before Magistrate P. S. Radford Saturday morning on a charge of assault against Richard Ruzek of Hillcrest, on Christmas Day. It is alleged that Ruzek had called at the Ferby home in Hillcrest to extend Christmas greetings and was leaving the home when he was savagely attacked by Hodgson and knocked down, then kicked about the body. For the offence Hodgson was given a six-month jail term by Magistrate Radford.

CONTRIBUTIONS TO A COLD

Coughs and colds are usually most plentiful in winter and spring. Damp cold feet are an encouragement to a cold, so wearing rubbers will help to ward off the ailment. People who cough and sneeze without covering nose and mouth with a disposable tissue can spread the cold germs for several feet around them. They are good people to avoid.

Editor of the Midland (Ont.) Free Press running for deputy-revee office is quick frank: "You vote against an editor you don't like and he can still keep on editing. You vote for an editor you don't like in order to keep him away from editing, and the guy might even get elected. It's a tough choice."

About January 1 each year our family gets back to normal. Mom is through pouting because my Christmas gift to her cost more than she paid for mine. The kids have swapped their loot around so that practically every item can be worn or enjoyed by somebody. And I cease being sullen over the fact that I have to foot the bills for everything.

Canadian Legion, Coleman Branch No. 9

PRIZE BINGO

IN THE
Legion Clubrooms

ON

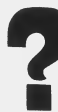
Fri., Jan. 20

AT 8 p.m. SHARP

Admission: 75c for 10 Games
BONUS CARDS 25c

\$45 Jackpot to go in 63 Numbers

Legion Members and Guests Welcome



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1. Does he pay taxes in this community?
2. Can he supply your order on short notice?
3. Does he donate space in the newspaper to your local community enterprises?
4. Does he pay wages to a force of employees located in Coleman?
5. Does his newspaper donate its space toward the betterment and upbuilding of this community?
6. Does he grant you every favor that you would ordinarily ask your local newspaper?
7. Does the quality of his merchandise stand inspection?
8. Does his price include sales tax, postage and insurance charges?

If he can answer ALL the above questions in the affirmative, he has an equal right to your business.

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The Coleman Journal

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THE MAGIC OF WORDS

"The difference between the right word and almost the right word is the difference between lightning and the lightning bug" — (Mark Twain.)

THE MAGIC OF WORDS lies in the power they have, when properly chosen and arranged, to convey to other people what we wish them to know of what is in our minds. Every word we write or say goes out on an errand.

We have developed communication to a high technical standard. We can talk with someone at the other side of the world, and we can bounce a radar beam off the moon. But we may live to enjoy these luxuries only if we learn to converse more effectively with one another about such things as the atom bomb.

All of us have experienced the provoking state of knowing things of deep meaning but finding, when we come to express them, that we have forgotten the words. How superior in its efficiency and attractiveness is the letter we receive from a man who uses dynamic words that give needed information, by contrast with the letter we get from a man who has the lazy habit of using limp words that leave us doubtful about his meaning and inspire us not at all.

Words are a means of saying things. A sermon, an excuse for not doing something, an essay like this, a legal decision or brief, a tender for a million dollar order: what are these but words? But they are words that the writers have learned to put together in such a form as to accomplish the purpose they have in mind.

The Best Word

There are two ways of appraising the rightness of a word: by its effectiveness in saying exactly what we wish it to say, and by its sound and its appearance. Quite often the choice between a right and wrong word is not dictated by a book or reference but by the writer's perception. This sensitivity to the rightness of words can be developed. It is not necessary to know a word's genealogical tree before using it. Does it say what we mean? Is it appropriate in its setting? Do we like it?

Our choice of words should not be dictated by hard-and-fast rules. Letters and articles composed by people who follow the book slavishly are likely to be accurately dull. But it is well to have some rules. When we have the choice between two words that convey our meaning equally well, we should use the short and familiar one. But the other word should not be rejected merely because it is long. It is the inappropriate use of long words that causes trouble.

Good usage of words cannot be learned from dictionaries and grammars, still less from a brief essay like this. Language lives in use. To use a word well, we need more than casual acquaintance with good literature, so that an instinct towards the first-rate directs our choice.

About Definitions

Some of our most exasperating controversies would cease at once if one of the disputants would take the time and have courage to say "precisely" and briefly what he understands by the terms that are being used. It is not necessary to define everything, but only to define things that may not be clear to either party. A definition is not true or false, except under the circumstances. An amusing example is given in C. J. Herrick's "The Thinking Machine": "If I define a man as a biped without feathers, then a plucked chicken is a man."

Definitions are useful starting points. They help us to avoid fruitless argument. They restrain unintellectual people from making themselves pests, and when we use definitions in our thinking they help to keep us on the right track.

Broad Vocabulary

The broader your vocabulary, the more deft you will be in expressing yourself in simple language, and the more readily you will pick up another's meaning without strain.

One does not need all the words in the language. Shakespeare used only twenty-five thousand, Milton was content with

twelve thousand, and Chaucer had eight thousand; yet their plays and poems and stories live on as models of clear, picturesque writing.

Words change. You could not explain Einstein's theories in Aristotelian Greek. Issue orders for the running of a mechanized factory in Cicero's Latin, or apply for a line of credit in Moliere's dramatic French.

Every word that we use was at first a stroke of genius. Even the coldest, most matter-of-fact word of today was once a glowing metaphor. The words that seem odd to us because they are new will some day, if they are useful words, become commonplace. There is an accepted standard of good language, and the fact that it is always changing in keeping with changing social forces is no reason for abandoning it. We have to keep looking over our shoulder at the past if we are to retain our sense of direction through the morass of slang, jargon, and the crude lingo of newspaper headlines.

Two examples will show how words change. Take "atomic". It means literally "indivisible" but has now completely reversed its meaning. When we talk of atomic energy we are thinking of nuclear fission. Thus we have turned a negative into a positive; almost as if "no" had come to mean "yes". Consider the word "fact", a word called "slippery" by James Bryant Conant, President of Harvard. It came from the Latin, where its meaning was "a thing done or performed", and that is its meaning in the Oxford Dictionary. But "fact" has become so vague that it is no longer trusted alone, and has to be guarded and supported by other words such as "true, actual, honest, real".

Words Are Labels

Today, those who seek mature ways of thinking, writing and speaking are continually aware of the dangers we encounter in accepting the label for the thing, in using the same label for two different things or ideas, or in using different labels for things that are in their essence, alike.

A word is not a thing, but the name of a thing. The marks we make on paper are not motors, machines, desks, employees, sadness and happiness, but merely names by which we know these things. The thoughts we put on paper by the use of words are not our beliefs, but footprints in the sand by which a reader may see the way our minds go. The clearer we make our words, the greater chance there is of the reader following our footsteps closely. There are more than two billion beings on this earth to whom we apply the word "man", but the label is only used for convenience, and must not be regarded as the truth, the whole truth, and nothing but the truth.

Style

One's style of putting words together should be one's own. As John Galsworthy, the English novelist said, "To write well, even to write clearly, is a wondrous business; long to learn, hard to learn, and no gift of the angels."

When we succeed in making ourselves clear, that is splendid, but most of us will wish to do better; we should like to bring a sort of sunshine into our writing. We cannot do that by using dingy words. We shouldn't try to write like Churchill, but we should try to write as effectively as Churchill would if he were doing our jobs.

But don't polish too highly. To polish up the following extract from Bunyan's book would ruin it: "so he passed over, and all the trumpets sounded for him on the other side."

Three Virtues

Accuracy, clarity, simplicity. We cannot divorce accurate language from accurate thought. Clarity, also, is a "must". The more clearly we write, though at the expense of time and pains, the more easily and surely we will be understood. If we flow muddily, we must not expect our readers to catch all our intended meanings.

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THE COLEMAN JOURNAL

Hillcrest Pioneer Resident Passes; Born in Russia

Michael Bellan, an old timer of Hillcrest, died in the Crow's Nest Pass Municipal Hospital Saturday evening following a brief illness.

Mr. Bellan, 73, was born in Astrachan, Russia, on February 26, 1882, and came to Canada 47 years ago. He came to Hillcrest 45 years ago and worked as a miner in the old Little Mine, the Frank Mine, the old Hillcrest Mine and then at the Bellevue West Canadian Collieries Mine in Bellevue until his retirement in 1950. He was a member of the Bellevue local of the UMWA and of the Catholic faith.

He was predeceased by his mother, in New York in 1954 and by a brother in 1951.

Surviving are his wife Annie, and one son Joe at Hillcrest; three daughters, June, Mrs. L. Lillibridge of Massachusetts; Alice, Mrs. J. Cusack and Wanda, Mrs. E. Hunt, both of Rhode Island; three sisters and a brother in the United States and another bro-

ther in Russia.

Prayers were said at Culham's Funeral Home in Blairmore on Tuesday evening.

Requiem High Mass was celebrated from the Bellevue Catholic Church at 10:30 a.m. on Wednesday and interment followed in the Hillcrest Catholic cemetery. The Rev. L. Carroll of Bellevue officiated at the services.

Pincher Creek Couple Celebrate Golden Wedding

Mr. and Mrs. John McQuarrie and family journeyed to Pincher Creek to attend the celebration of the Golden Wedding anniversary of Mrs. McQuarrie's parents, Mr. and Mrs. George Dwyer.

At a family dinner at which 25 were present the happy couple received the guests in a room tastefully decorated with bronze and yellow mums. Mr. and Mrs. Dwyer wore a turtleneck of heather and a corsage of mums respectively. The table was lace covered and centered with a three tiered wedding cake flanked with yel-

low tapers.

Following the dinner Mrs. McQuarrie only daughter of the couple on behalf of herself and her five brothers and their families presented her parents with a lovely dinner set.

In the afternoon the happy couple were at home to friends and neighbors some thirty five in all who called to extend the communities best wishes for many more years of happy wedded life. Mrs. H. Gross on behalf of these friends presented the couple with a lamp.

On January 4th Mr. and Mrs. Dwyer were host and hostess to members of the Old Age Pensioners Association. The 25 members helped to celebrate the golden wedding anniversary of the couple.

* Wetaskiwin (Alta.) Times: "If there were a constant but quiet assumption around the home that school is the business of young people from six to 16, that schooling costs the family as much during that time as a couple of family cars, that education is not a 'sometime thing', more students would toe the line and have some sense of values."



LOW WINTER FARES

to the
**PACIFIC
COAST**

and
CALIFORNIA

Leave your Winter blues behind and head west to the balmy sun-drenched West Coast ... Canada's Evergreen Playground. You'll see the Rockies in their winter grandeur when you travel via Canadian Pacific ... the Only Dome Route in Canada. For full information on Low 95 Day Pacific Coast fares and reservations see your local Canadian Pacific Agent.

Canadian Pacific

World Happenings In Pictures

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★ ★ ★ ★

★ ★ ★ ★



GIANT'S PLAYTHING—Resembling an out-of-this-world version of a playground slide, this modernistic cement structure is a ski jump. Located in the Dolomite Mountains, near Cortina, Italy, it is being tested for the 1956 Winter Olympic Games.



ON TOUR—Democratic Presidential candidate Adlai Stevenson, Jr. on a "hand-shaking" tour of Florida, gets better than he gives from Jackie Hart, homecoming queen at the University of Miami, Coral Gables.



SYMBOLS OF THE A-AGE—Mechanical "hands" paint Japanese symbols under control of technician, right background, in Tokyo, Japan, at an atom-for-peace exhibit. Hands are designed for handling of dangerous radioactive substances.



HOLIDAY CHORES PILED UP—Think you were busy during the Christmas season? Consider woodsman Sven Dubell, left. He was hip-deep in snow—and work—as heavy, early winter snows hamper harvesting of the Christmas tree crop. Sven has his job cut out for him as Santa's helper in the North Woods near Big Falls, Minn. At right, Frank Romero, head chef at New York City's Hotel St. Moritz, really gets the bird on Thanksgiving right on through New Year's. He's shown as he prepares to carve his way through some 5,000 pounds of turkeys. There's only a small portion of the birds which will pass through his kitchens during the holiday season.



TWELVE-YEAR-OLD WHEAT KING—Jerry Leiske, 12, from Beaverton, Alta., won this year's wheat king title in the North American wheat championships at the International Exposition in Chicago. He is youngest to ever hold the title. Winning sheaf came from three-acre plot on father's farm. It was Jerry's first crop.



HAPPIEST FELLOW—That's the way Eddie Joost expressed his feelings when he learned he had been named to manage San Francisco Seals of the Pacific Coast Baseball League next year. He is seen receiving congratulations in his home at Burlingame, Calif.

Clean tools

One important part of maintenance, whether simply of tools or of a house and any of its parts, is cleanliness. If tools are always to be in working order, they should be cleaned after each use or, at least, kept in some spot where they will not become dirty or rusty between jobs. Not just the tools, but new materials which are used now inside and outside the house.



AWARDED SILVER CROSS—Scouts Thomas L. Seymour, 11, of Belleville, and Maxwell Dyke, 18, of St. John's, Nfld., pose for camera after being awarded Silver Cross by Governor-General Vincent Massey for saving possible drowning victims. Seymour, youngest to ever win the award, saved two boys from Lake Ontario. Maxwell saved the life of a friend when canoe overturned on the Upper-Dumfries River, in Newfoundland.



DOUBLE EXPOSURE—Newspaper cameraman Ed Schultz didn't shoot for overdeveloped cheeks when he took pictures of neighborhood youngsters, but that's what he got. He's shown at home as another photographer recorded Schultz's convalescence from the mumps at his Schenectady, N.Y., home.



THIS ROYAL CANADIAN AIR FORCE TEAM stand beside the helicopter in which they plucked a seriously injured prospector from an isolated tent camp in the Chibougamau district. He had cut a leg artery. Shifting winds and icing conditions hampered the rescue. Left to right: FO Don Nicholson, Captain; F/L Jeanette Gagne, nursing sister; Cpl. John Fefchuk; LAC Pat Weild and F/L Mike Jennings.

OUR COMPLETE SHORT STORY—

Right time—right place

—By ERNIE RYDBERG

YOU know the guy — Sammy Tucker. Everybody knows him. In this morning's paper, for instance—in the movie section—I see his name listed in at least one of the pictures at every third theatre. It's on four marquee on Broadway this minute.

Remember his publicity? "Cinder Sam?" they called him. Need I say that his masculine for Cinderella? A little hammy — yes. But it took. I might even resent someone else calling it "ham." But it's okay for me. I'm the guy who thought it up. Sammy Tucker is the fellow who just happened along at the right time and a right place. Don Petty, the writer, thought up that part of it. The right time was 11 a.m. one morning a year ago. The right place was Henderson's Employment agency down at Long Beach. There's four of us — J. B. McGuire, Don Petty, Lew Waters and myself — sitting in a little glassed-in office. We're supposed to look like part of the business. We have a little deal with Mrs. Henderson who sits outside and looks over job applications when they are filled out. If we see a body who interests us, we give her the nod. She's to ask the person to wait, and then bring us the application.

We've been there an hour. J. B. — that's J. B. McGuire, crack producer at Superior, is chewing his cigar. Don Petty, J.B.'s pet writer, is smoking his pipe and looking out the window at the blue Pacific. Lew Waters, photographer, is smoking a cigarette and eyeing everyone who comes in. I can see that J. B.'s patience has about given out. Half a dozen times he's grumbled something about "the whole cock-eyed deal." But right at eleven in walks this young fellow, clean-shaven, He's tall, broad-shouldered, good looking. He's munching a big red apple. I see Lew Waters watching his easy gait as he saunters up to the desk where a cute brunette passes out application blanks. We can't hear what he's saying, but he has a nice grin and the girl laughs.

Does he take his application blank over to the long tables and fill it out like the others? No, he does not. He takes out a fountain pen, hangs his coat over the back of a chair, drops his elbow on top of the PBX cabinet. As he writes, he craps his apple, carries on a conversation with the brunette who doesn't seem to mind at all—and also chats with the PBX operator who we can't see but who I remember was a nifty blonde. I see both J. B. and Lew Waters are looking him over. Don Petty puffs on his pipe and keeps looking at the sea.

"Hell photograph," says Lew. "Freakies and all. Cuck's good. Teeth even. Did part his hair on the other side. Yep — okay for Technician."

"What does you think, Don?" asks J. B.

"How's that?" says Petty with a start. "Oh, him? I just came along for the ride. You guys do the picking."

"Why I don't care you for instance is more than I can understand," says J. B. but Petty just chuckles. Everybody in town knows Petty doesn't give a hoot whether J.B. fires him or not. In fact, he sort of wishes he would. After twenty years in the East, Petty is frank in liking the press or whoever will listen that the only reason he's in Hollywood is because he's weak. He can't turn down twenty-five hundred a week. Everybody knows that nobody can touch Don Petty for turning out a scenario with a plot in it that's like pennies from heaven.

J.B. gives Mrs. Henderson a nod, and presently she brings up the application. There are plenty of empty chairs, but this guy just stands there talking to the brunette and the PBX operator.

"I notice the dames are all giving him the once over," says Lew. "Let's see," says J. B. "Name — Sammy Tucker. Hmm, not bad. Twenty-two. Six feet tall. 190. Let's take him," and he nods

at Mrs. Henderson again, and pretty soon she brings and introduces him.

"Hiya," he says. He checks his apple core in the wastebasket and sits down in the chair J. B. indicates, lighting a cigarette.

"I see you want a job as a chauffeur," says J. B. "Yes, Sir. Any experience?" "Well, I can drive a car—if that's what you mean. I'm pretty handy with a motor."

"Humm," says J. B., frowning at the application. I see Lew watching Tucker's back, and says he can tell if a guy can act or not by his hands. Tucker's are large, but nicely shaped, and his nails are well kept.

"I see you're a flier. Why don't you get into aviation?" "Three years in enough," says Tucker, and you can tell he doesn't care to discuss it.

"Ever do any acting?" asks J. B. Tucker looks surprised. "Acting? Well, sure, in high school."

"Can you sing?" Tucker fixes his blue eyes on J. B. He stands up. "Listen, I came in to get a job—not for a rib. Sure, I can sing, but I don't see what that has to do with driving your back," and he heads for the door. "Do-Re-Me-Do-So-La-Ti-Do," he bursts out in clear voice. "Goodbye, gentlemen," and he opens the door to leave. Don Petty calls him back.

"Listen, this isn't a gag. Sit down."

"Okay," says Sammy, and sits down. Fifteen minutes later the four of us are on our way to Hollywood.

Sammy was tested that same afternoon. After dinner we ran them off, and at nine o'clock he departed with a seven-year contract. Don Petty collected a three-dollar-a-week wage from J.B. and I had the job of promoting Sammy.

It was a natural. A real Cinderella story. Within twenty-four hours, the columnists had all run something about Tucker. And the younger set over the country ate it up. Easiest publicity job I'll ever hope to have. Magazines begging for stuff—his picture on the covers of four movie journals, the month after his first picture release. Even now you're apt to pick up an article about how it all started.

It started the night before we discovered Sammy. In fact, about two o'clock that afternoon, before J.B. called a big conference. He'd just purchased the rights of a best seller. It was a whole of a story, and he wanted exactly the right male lead. The conference lasted over seven hours. At nine o'clock there were only three of us left — J. B., Don Petty and myself. The others had gone on home, leaving a lot of ash trays filled with cigar butts and little cigs — to show for their efforts.

J. B. was sitting at his desk, pawing through the script, chewing on his cigar. Petty was dozed down on his chair.

"You know," says Petty. "This is all one big joke."

"Oh, it is," says J. B. "You're a fine one to talk. This is the first time you've opened your kisser today. A big joke! I suppose you could do better."

"I could," said Petty, mildly. "You have a fine story. What you need a name actor for. I don't know. You need a moderately talented, reasonably presentable young man. I could go out on the street and find you a neophyte who could turn in a whole of a job. A little publicity, and you'd have a star on your hands."

"We all know what you think of Hollywood's methods," grunts J. B. "I'll take you one thousand dollars," Petty retorts. "And I'll just take your thousand dollars," yells McGuire. I'm reasonably free tomorrow morning and I can't think of a more pleasant way of making the extra money."

Well, you know the rest. I thought I did, too. That is, until last Sunday when I played golf with Don.

"You're a publicity man," says Don. "But I know more about Sammy than you."

"For instance?" "Well, that it isn't quite the Cinderella story it seems. I mean, the right place and the right time and all that guff you print."

"A natural born actor! Yeah! You've heard of Tartarion?" "Of course. Who hasn't?"

"Well, I'll bet you don't know Sammy studied under Tartarion every night during his high school days. Dramatics — voice — the whole works. Nor that I've known the boy since he was a baby."



CANDLES TO LIGHT THE CHRIST CHILD'S WAY—Tiny miss in Berlin, Germany, was entranced as she watched the flame of the first of four Advent candles which traditionally light the Christ Child's way to earth. One candle was lighted on each of the four Sundays of Advent, the liturgical season which preceded the celebration of the Feast of Christmas. In some instances, the Advent display takes the form of a wreath. Symbols of the enlightenment which drives away the darkness of paganism, candles have long been an important accessory in rituals of Christianity.

Cheerful color schemes aid classroom health and morale

The little school house may not be painted red these days, but modern education has not forgotten color. Inside the classroom, color schemes are chosen with a purpose.

Color schemes with high, light reflecting power prevent eye strain and the health and school problems that result from it. Color also encourages children to study by making classrooms more pleasant and inviting.

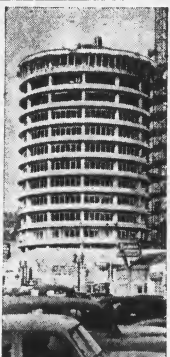
A modern classroom, for example, may have a white ceiling, coral walls, a blue linoleum and pale yellow furniture. This cheerful scheme is a far cry from the drab buff walls, dark floors and sombre furniture of even 10 years ago.

Color conditioning. Making color work to improve health and morale is called "Color Conditioning." Many schools now consult experts in this field to make sure that students work under the best possible conditions.

These conditions should prevail at home. A lot of the child's studying takes place after school hours. Remember that a study spot should be a room apart from the main living room with its many distractions. The youngster's bedroom is a good choice since it can be decorated to suit his taste, making him feel that it is really his room.

In decorating a room for study, remember that different colors reflect different amounts of light. A room that doesn't reflect enough light will cause eyestrain, headaches and fatigue. Studies indicate that children in classrooms with properly distributed light learn faster and tire less quickly. The same applies at home. Sufficient light should be teamed with a paint color of high reflecting power.

White is at the top of the list because it returns 80 percent of the light cast on it. Light ivory



PLATTER PALACE—It's one of the few commercial buildings ever built in circular form. This headquarters for a photograph record firm nears completion in Hollywood, Calif. Architecturally, its builders say it's a very efficient form for office use. About 85 percent of floor space is usable. All offices have outside exposure.

this business. I wanted my neighbor to do it on his own. Even if I did go so far as to arrange the right time and the right place."

Hummm! The right time; the right place. And by chance, the time, under. Now that Sammy's set, I'm packing my brain how to use this new twist. But I guess I'd better leave well enough alone.

3173

\$3 Million worth of equipment for aircraft carrier

Electrical and electronic equipment valued at \$2,834,000 has been ordered from Canadian firms for the RCN's new aircraft carrier, Bonaventure. In addition, some \$200,000 worth of orders for such equipment have still to be let by the department of Defence Production, which places all contracts for the Navy.

While the Bonaventure is being built in Northern Ireland by Messrs. Harland and Wolff Limited of Belfast, every endeavour has been made, where possible, to fit this ship with equipment and materials of Canadian manufacture.

Among the major Canadian equipments to be installed in the carrier are several electronic fire control and radar units, worth some \$2,181,000, which make up part of the ship's internal communications and fire control system. Radio transmitters and receivers, along with other items of radio equipment, have also been ordered in Canada to the value of about \$261,000. In addition, there has been ordered \$313,000 worth of electrical fittings and fixtures, such as transformers, distribution panels, lighting units, etc.

Electrical galley equipment for which orders have been placed with Canadian firms now total some \$75,000. These include a wide variety of equipment such as electric ranges, roasting ovens, refrigerated serving counters, dough mixers, ice cream freezers, coffee urns, pressure cookers and dish-washing machines.

The Bonaventure is scheduled to be completed late in 1956. She will be one of the most modern ships of her type abroad. In addition to the latest electrical and electronic equipment she will have an angled flight deck, mirror landing aids, and steam catapult, which are regarded as among the most far-reaching naval aviation developments in recent years.

Funny and Otherwise

"Hello, is this the Deluxe Dog Shoppe?"

"Yes, Madam. What can we do for you?"

"Do you have any food dishes for my little dog?"

"Yes, Madam. A dollar model and a twenty-five cent model."

"What is the difference?"

"The dollar one is inscribed, 'My Doggie's Dish' and is larger."

"I'll take the twenty-five cent model . . . my doggie can't read!"

♦ ♦ ♦ ♦ ♦

When the coast of Florida was sparsely populated and hurricanes wrecked sailing vessels on its shores, people would hurry out and "salvage" all they could from damaged vessels.

One Sunday a small boy dashed into the church service to announce that another ship had just been beached. The congregation dashed like a tidal wave for the door, when the preacher intoned pontifically: "Wait! I have but 10 more words to say to you."

The impatient people shuffled restlessly, while the preacher walked to the door. Placing his hand on the doorknob, he said: "Now, let us all get off to a fair start."

Making tests of a homemade brew which a cautious Scot had submitted for analysis, the chemist said: "I'm sorry, but this stuff is dreadful. If you drank this I guarantee you'd be blind for life. You'd better let me destroy it."

"No need to do that," said the Scot, reaching for the bottle. "My old friend McPherson has been blind for years. I might as well give it to him for a birthday present."

Believe sea creatures swam in Ottawa valley 10,000 years ago

Whales and other sea creatures swam over the Ottawa Valley 10,000 years ago.

That's the explanation given by scientists of the National Museum for the partly-fossilized bones of sea mammals that have turned up in various places in the valley over the last 50 years.

Test finds were made by workmen excavating in a sand pit alongside Ottawa's Uplands airport, where prehistoric bones were first discovered in 1948.

Charles M. Sternberg, noted paleontologist formerly on the Museum staff, said "the whales and other sea animals were here during the period after the ice age when the sea covered the Ottawa area to a depth of perhaps 400 feet."

He believed the bones of sea creatures which came to rest on what was the sea bottom 10,000 years ago had been scattered by predators and then "rounded up" by sea currents in the area that now is the Uplands sand pit.

First discoveries of prehistoric bones were made before the turn of the century at nearby Hull, Que. Whale bones turned up at Pakenham, Ont. 30 miles to the west, during well-digging work years ago.

More such bones were uncovered at a brick yard in the Ottawa area between 1903 and 1909. Porpoise bones were found in the Pontiac area of Quebec just across the Ottawa river in 1937 and there was similar finds at Smiths Falls, Ont.

The first big find of whale bones at the Uplands sand pits occurred in 1948. Mr. Sternberg was in charge of such work on the Museum staff when he got a call from the foreman of the sand pit gang about the find. Some workmen thought the bones were those of horses.

Investigation proved the relics to be the remains of a white whale of the same type that now swims in the Gulf of St. Lawrence and in Hudson Bay.

Millions of partly-fossilized sea

shells also were discovered at the sand pit. Since 1948 other finds of whale bones have been made.

The scientists say the Uplands whale bones are quite young, scientifically speaking. The period 10,000 years ago is like yesterday in the scientific mind when one considers the skeletons of prehistoric monsters dug up in various parts of Alberta and said to be 60,000,000 years old.

STAINLESS STEEL

Stainless steel kitchen utensils are easily cleaned if you don't allow deposits of food and grease to congeal and harden. It's important to wash stainless steel promptly, because moisture trapped under food deposits can set up a chemical action which pits the surface.



HOLIDAY "SNOW"

Giant snow crystals drifted from fairyland on to busy Regent Street in London, England, as Christmas approached. "Snowflakes" are suspended on thin, nearly invisible wires from buildings at left to buildings at right, not shown.

PATENTS

AN OFFER TO EVERY INVENTOR. List of inventions and their patent status sent free. THE RAMSAY COMPANY, Registered Patent Attorneys, 273 Bank Street, Ottawa, Canada.

YOU CAN DEPEND ON

When kidneys fail to remove waste and toxins, backache, tired feeling, disturbed rest often follow. Dr. J. B. Dodds' Kidney Pills start the kidneys to normal duty. You feel better—sleep better, work better. Get Dr. J. B. Dodds' at any drug store. You may depend on Dr. J. B. Dodds.



MACDONALD'S Fine Cut Makes a better cigarette

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Friday and Saturday, January 20th and 21st

"The Seige At Red River"

Van Johnson and Joanne Dru

No greater story has the West to tell...No Fiercer Battle has the West to believe...Only one man could turn the tide at Red River...The last battle in the winning of the Flaming Frontier.

WESTERN in TECHNICOLOR

Matinee Saturday at 2 p. m.

Chapter No. 1 of the Serial "GHOST RIDERS OF THE WEST" at Matinee Only.

Monday and Tuesday, January 23rd and 24th

"Footsteps In The Fog"

Stewart Granger and Jean Simmons

Terrifying...As a Scream in the Night...A Fog of Fear is Closing in...On Another Beautiful Young Woman...His a Rage to Live...Hers a Rage to Love in the Tradition of the Screen's Greatest Thriller.

DRAMA IN TECHNICOLOR

Wednesday ONLY, Jan. 25th

MARY O'HARA'S

"MY FRIEND FLICKA"

Roddy McDowall - Preston Foster - Rita Johnson

A heart warming story of a Boy and His Horse...Here are Fierce Dreams, Proud Courage, Fighting Love in the Mighty Story of Today's West...It's as Great as the Red-Blooded People who inspired it.

WESTERN DRAMA IN TECHNICOLOR

Two Shows at 6.30 and 8.30 p.m.

ADMISSION: Adults 55c, Students 30c, Children 15c

Thursday ONLY, Jan. 26th

"KENTUCKY"

Loretta Young - Richard Greene - Walter Brennan

The story of a Race Horse Ranch in Kentucky.

IN TECHNICOLOR

Two Shows at 6.30 and 8.30 p.m.

ADMISSION: Adults 55c, Students 30c, Children 15c

VITAMINS

for Good Health

Paramettes

...supply essential vitamins, minerals and trace elements.

Beminal Plus

...vitamin B factors (including B12) with C and D.

Polymulsion

...multiple vitamins.

Super Plenamins

...multiple vitamins with minerals.

Neo-Chemical Food

...a vitamin with mineral food supplement.

COLEMAN PHARMACY

Coleman

Alberta

Attention Hockey Fans

The Bus taking Coleman Grands to Cranbrook and Kimberley on January 21st and 22nd, will leave Saturday, January 21st at 4 p.m. Returning Sunday, January 22nd by 9 p.m.

ROUND TRIP FARE - \$4.00

Personalities

IN THE NEWS

Mr. and Mrs. R. Donaldson and son Bobby of Cranbrook were recent visitors at the home of the latter's parents Mr. and Mrs. A. Dewar. They visited Mr. Dewar who is still a patient in the C.N.P. hospital.

Mr. Allen Brown of Victoria is visiting at the home of his son-in-law and daughter Mr. and Mrs. R. Cousins.

Friends of Mr. W. Antle will be sorry to hear that he is confined to his home due to illness. They all join in wishing him a speedy recovery.

Mr. W. Dewar of Newark, New Jersey, U.S.A. is visiting here with his aunt Mrs. A. Dewar and his uncle Mr. Dewar who is a patient in the hospital.

Mrs. J. Moore is a patient in the C.N.P. hospital. Everyone wishes her a speedy recovery and hopes to see her up and around in the near future.

Mrs. Betty Smith of Coaldale was the guest of Mrs. Steve Penney while visiting in the Pass.

Friends of Mrs. P. Fahler are pleased to see her out and around again after being a hospital patient for some time.

Mr. W. Harrison is confined to his home with illness. We hope he will be up and around again in the near future.

Mr. Ed. Ledie is also a patient in the hospital. Hurry and get well again so we can see you out and around.

W. B. Plante of Red Deer working for Templeton Construction Company, Don Wilson working north of Edmonton on an oil company and M. V. Bennett of Lethbridge, visited at the home of Mr. and Mrs. J. Plante over the Christmas holidays.



Attend Church

ST. PAUL'S United Church
— COLEMAN —
Rev. R. MacAulay, Minister
Sunday, January 22
10 a.m.—Church Service.
11.15 a.m.—Sunday School.
7.00 p.m.—Church Service.

St. Alban's Church
— COLEMAN —
Rev. F. A. Dykes B. A. Lth. Rector
Sunday, January 22
9.00 a.m.—Holy Communion
11.00 a.m.—Sunday School
7.00 p.m.—Evensong.
7.30 p.m.—Film—"The Power Within" followed by the Parish Annual Meeting.

Thursday, January 26
4.00 p.m.—Junior Auxiliary
Saturday, January 28
4.15 p.m.—Choir Practice

In Memoriam
In Loving Memory of a dear husband and father, Mike Kolibas, who was killed in the McGillivray Mine on January 29th, 1953.
His memory is as dear today, As in the hour he passed away.
Fondly remembered by his wife, Anna and family.

Classified Ads

FOR RENT
Two roomed and a three roomed house located at the Crows Nest Lakes. Both are furnished. Apply to Bruno Michalski, Coleman. Phone 3874. 44 3tp

FOR SALE
LARGE FAT PIGS, weight about 500 lbs. Apply to H. P. Simpson, Pincher Creek, Alta. Phone R1712. 1tp

FEMALE HELP WANTED
BE A HAIRDRESSER—Join Canada's leading school. Great opportunity. Learn hairdressing. Pleasant, dignified profession. Big wages. Thousands successful Jacobson's graduates. America's greatest system. Illustrated catalogue free. Write or call Jacobson's Beauty Academy, 128A 8th Ave., W., Calgary.

BUILDING CONTRACTORS

Builders' Headquarters
Celli's Building Supplies

If a cork breaks and fall inside the bottle, pour enough ammonia in the bottle to float the cork and put it away for a few days. The ammonia will eat away enough of the cork to permit its easy removal.

a gift in appreciation of her work during the past year. Sister Kovach was presented with a Past Chief's pin and certificate for serving as secretary for three years.

After installation the Grand Chief, Sister Smith, gave a wonderful talk on our order, which was enjoyed by all.

Most Excellent Chief Fannie Cole then presented Sister Smith

with a gift on behalf of the Pythian Sisters of Hillcrest, to which she gave thanks. After the meeting a banquet was served by the committee. About 12 Coleman Sisters visited this meeting.

I never mind it when a woman looks poured into a dress, provided too much hasn't settled to the bottom.

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Milk, All Brands, 6 tins = 95c
Per Case of 48 tins for \$7.39

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Sunkist Oranges, Size 288's, approximately 2 dozen to a bag

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Eggs, Strictly large, per doz. 55c
FRESH
MEDIUM SIZE, per dozen 53c

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Hold Special Meeting At Hillcrest

At a special meeting at Hillcrest, Pythian Sisters Grand Chief Betty Smith of Coaldale, paid her official visit. Sister Smith was introduced and presented with a corsage by Sister Fannie Cole.

Sister Doreen White D.D.G.C., along with Grand Officers from Coleman, were also introduced and presented with corsages.

The officers for 1956 were installed at this meeting with Sister Fannie Cole as installing officer, ably assisted by Sister Amy Penney and Sister Ethel Hill.

The 1956 officers are:
Past Chief, Fannie Cole.
Most Excellent Chief, Mary Watson.

Excellent Junior, Eileen Ironmonger.

Manager, Doreen White.
Secretary, Mary Kovach.

Treasurer, Catherine Makin.
Protector, Deborah MacDonald.
Guard, Gertrude Price.

Trustees: Margaret Atkinson, Eileen Ironmonger, Doreen White.
Press Correspondent, Deborah MacDonald.
Pianist, Amy Penney.

Sister Cole was presented with